

## Protocol in the event of a child choking

In the event of a child choking on food (or any other object)

Call immediately for a first aider and/or nurse and begin the following until the first aider/nurse arrives and can take over:

### STEP 1

- Encourage the child to cough
- If they cannot clear the object themselves, support them with one hand whilst leaning them forwards

### STEP 2

- Give upto 5 back blows between the shoulder blades
- Check the mouth for the obstruction

Children in wheelchairs:

Small child

Call immediately for a first aider and/or nurse and begin the following until the first aider/nurse arrives and can take over:

### STEP 1

- take child out of the chair and lean them across your knee whilst encouraging them to cough

### STEP 2

- Give upto 5 back blows between the shoulder blades
- Check the mouth for the obstruction

Larger/heavier child

Call immediately for a first aider and/or nurse and begin the following until the first aider/nurse arrives and can take over:

### STEP 1

- unfasten chest harnesses and lean them well forward supporting their chest whilst encouraging them to cough

### STEP 2

- Give upto 5 back blows between the shoulder blades
- Check the mouth for the obstruction