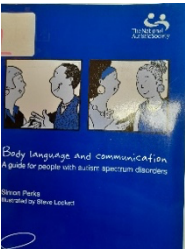
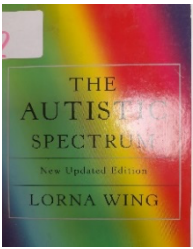
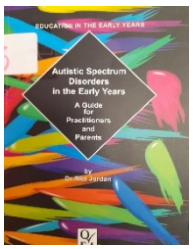
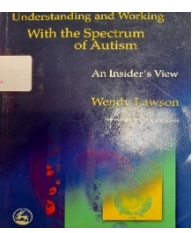
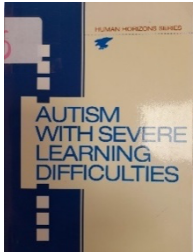
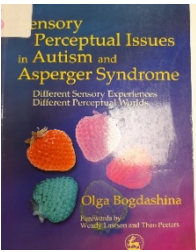
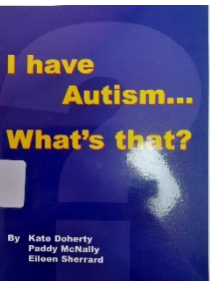
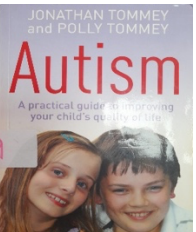


Section A - Autism	Title	Authors	About The Book
<p>A1</p> 	<p>Body Language and Communication (A Guide for People with autism spectrum disorders)</p>	<p>Simon Perks</p>	<p>Understanding and using body language can be difficult for people with autism but learning how to use it effectively can help people to communicate more successfully and enjoyably with other people, including family, friends and colleagues.</p>
<p>A2</p> 	<p>The Autistic Spectrum</p>	<p>Lorna Wing</p>	<p>Lorna Wing is a psychiatric consultant for the National Autistic Society and has an autistic daughter. This guide explains how people with autism experience the world and why they need an organised, structured environment. She suggests ways of improving communication, developing abilities and widening social interaction and to cope with stresses within the family.</p>
<p>A3</p> 	<p>Autistic spectrum disorders in the Early Years (A guide for practitioners and parents)</p>	<p>Dr Rita Jordan</p>	<p>Although aimed at those working in early years settings, this book will be an invaluable resource to parents. Sections include Diagnosis, understand ASD, educational goals and specialist approaches, working with parents, building communication, developing social understanding and enabling play and managing behaviour.</p>
<p>A4</p> 	<p>Understanding and Working with the Spectrum of Autism (An insiders view)</p>	<p>Wendy Lawson</p>	<p>Wendy's ability to convey the essence of her autistic world to others is remarkable.</p> <p>(The library holds 2 copies of this book)</p>

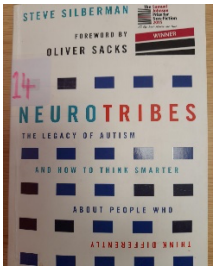
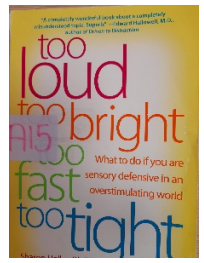
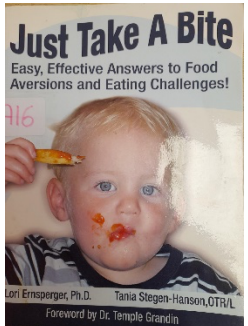
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Section A - Autism	Title	Author(s)	About the Book
<p>A5</p> 	<p>Autism with severe Learning Difficulties</p>	<p>Dr Rita Jordan</p>	<p>A pioneering book dealing with the dual diagnosis of autism and severe learning difficulties. The book will be invaluable to parents, key workers and all who advise them in living and working with this fascinating group of individuals.</p>
<p>A6</p> 	<p>Sensory Perceptual Issues in Autism and Aspergers Syndrome</p>	<p>Olga Bogdashina</p>	<p>This book focusses on the role of sensory perceptual problems in autism as identified by people with autism.</p>
<p>A7</p> 	<p>I have Autism</p>	<p>Kate Doherty, Paddy McNally & Eileen Sherrard</p>	<p>This book highlights problems faced by individuals with autism and addresses them clearly and simply.</p>
<p>A9</p> 	<p>Autism – A practical guide to Improving Your Child's Life</p>	<p>Johnathan Tommey and Polly Tommey</p>	<p>The book aims to give parents and carers a guide to improving their child's quality of life by giving you the confidence and knowledge to tackle the problems you face. Johnathon and Polly's eldest son was diagnosed with severe autism at the age of two.</p>

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<p>A10</p> 	<p>Can I Tell You About Autism?</p>	<p>Jude Welton</p>	<p>Meet Tom, a young boy with autism. Tom invites readers to learn about autism from his perspective, helping them to understand what it is and explaining the challenges he faces with issues such as social communication, sensory overload and changes to his routine. Jude has taken a complex issue and made it easy to understand.</p>
<p>A11</p> 	<p>Ten Things Every Child with Autism Wishes You Knew</p>	<p>Ellen Notbohm</p>	<p>Ellen’s book described ten characteristics that help illuminate – not define – children with autism. This updated edition delves into expanded thought and deeper discussion of communication issues, social processing skills and the critical role adult perspectives play in guiding the child with autism to a meaningful, self-sufficient and productive life.</p>
<p>A12</p> 	<p>A Normal Family</p>	<p>Henry Normal and Angela Pell</p>	<p>A book for anyone whose life has been touched by autism. It is about the hope, the despair and the messy, honest, sometimes funny day-to-day world of autism, as well as a wonderful, warm book about the unconditional, unconventional love between a father, a mother and a son.</p>
<p>A13</p> 	<p>My Son's Not Rainman</p>	<p>John Williams</p>	<p>John Williams is a stand-up comedian. He is also a single father and fulltime carer for his son, who has autism and cerebral palsy. This is their incredible story. In 2012, John started a blog called, “My son’s Not Rainman”, a heartfelt and uplifting account of every day life for him and “The Boy.” Following on from the blog, John felt there was still so much more of their life he wanted to share.</p>

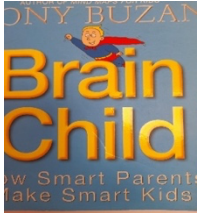
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<p>A14</p> 	<p>Neuro Tribes (The Legacy of Autism)</p>	<p>Steve Silberman</p>	<p>Going back to the earliest autism research and chronicling the brave and long journey of autistic people and their families through the decades, Silberman provides long-sought solutions to the autism puzzle while casting light on the growing movement of neurodiversity and mapping out a path towards a more humane worlds for people with learning differences.</p>
<p>A15</p> 	<p>Too Loud, Too Bright, Too Fast, Too Tight</p>	<p>Sharon Heller Ph.D.</p>	<p>Developmental Psychologist, Sharon Heller, sensory defensive herself, suggests that the best ways for suffers to cope is not psychotherapy or medication but a host of other treatments that tap into the primitive brain.</p>
<p>A16</p> 	<p>Just Take A Bite</p>	<p>Lori Ernsperger Ph.D. & Tania Stegen-Hanson</p>	<p>Does your child refuse to eat foods from a specific food group? Does your dinner table turn into a battle ground during meal times? If you have answered yes, then Just take a bite is the perfect resource with easy effective answers to these troubling questions. The book provides clear and concise strategies and practical lessons for assisting children in eating a balanced diet and contains a comprehensive treatment plan for solving mealtime struggles.</p>

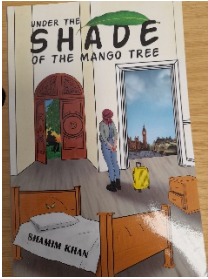
Newfield Library for Parents and Carers

Section B – Aspergers	Title	Author(s)	About the Book
<p>B1</p> 	<p>The Complete Guide to Asperger's Syndrome</p>	<p>Tony Attwood</p>	<p>The Author explores in depth the complexity of Aspergers Syndrome. He describes all of the puzzling and fascinating aspects of these conditions and brings them vividly to life with illustrations from personal histories.</p>
Section C – Toileting and Independence	Title	Author(s)	About the Book
<p>C1</p> 	<p>Toilet Training for Individuals with Autism or Other Developmental Issues</p>	<p>Maria Wheeler M.ED.</p>	<p>Easy to read bulleted lists offer more than 200 do's and dont's along with over 50 real life examples.</p>
<p>C2</p> 	<p>Caring for Myself</p>	<p>Christy Gast and Jane Krug</p>	<p>An entertaining and educational social story book that helps children with ASD understand the importance of taking care of their bodies. The book includes stories about washing hands, brushing teeth, hair cuts and going to the doctor amongst others.</p>

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<p>C3</p> 	<p>The Potty Journey (guide to toilet training children with special needs, including autism & related disorders)</p>	<p>Judith A. Coucouvanis</p>	<p>A systematic and comprehensive toilet training guide book. Step by step this book will lead parents through the toilet training journey.</p>
<p>C4</p> 	<p>What to Do About Smearing</p>	<p>Kate E. Reynolds</p>	<p>A Practical guide for parents and care givers of people with autism, developmental and intellectual disabilities</p>
<p>Section D - Diet</p>	<p>Title</p>	<p>Author(s)</p>	<p>About the Book</p>
<p>D1</p> 	<p>Getting Your Kid on a Gluten- Free Casein-Free Diet</p>	<p>Susan Lord</p>	<p>Whether you are a parent or care giver, this book will make removing gluten and casein from an autistic child's diet simple and stress free. The book contains easy to follow meal plans, completed with recipes and ingredients lists and will guide you with confidence in providing a nutritionally balanced diet for your child as well as healthy meals the whole family will enjoy.</p>
<p>Section E – Miscellaneous</p>	<p>Title</p>	<p>Author(s)</p>	<p>About the Book</p>
<p>E1</p> 	<p>Brain Child</p>	<p>Tony Buzan</p>	<p>This book explained how the brain develops and the simple things you can do to stimulate your child's multiple intelligences – including social, creative, numerical and physical and unlock his or her natural genius.</p>

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<p>E2</p> 	<p>The Out-of-Sync Child</p>	<p>Carol Stock Kranowitz M.A.</p>	<p>The ground breaking book that explains Sensory Processing Disorder (SPD) and presents a drug-free approach that offers hope for parents.</p>
<p>E3</p> 	<p>Under the Shade of the Mango Tree</p>	<p>Shamim Khan (one of Newfield's very own Parent/Carers)</p>	<p>Shamim's debut novel, based upon her own life story, her journey and experiences of a mother of two sons with autism.</p>
<p>Section F – Anxiety</p>	<p>Title</p>	<p>Author(s)</p>	<p>About the Book</p>
<p>F1</p> 	<p>When My Worries Get Too Big</p>	<p>Kari Dunn Buron</p>	<p>This book was written to help children, parents and teacher understand about the anxiety experienced by children with autism spectrum disorder and offers some suggestions about how the child might recognise anxiety and what he/she might do.</p>