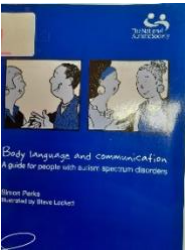
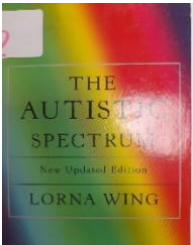
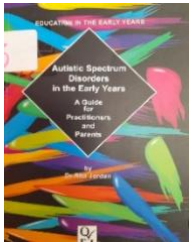


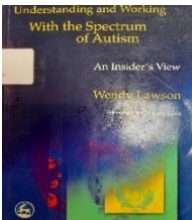
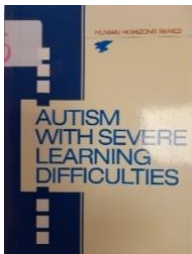
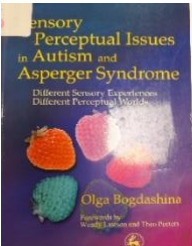
Dear Parents and Carers,

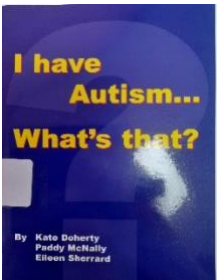
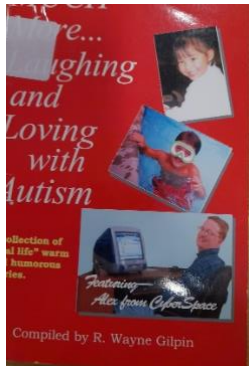
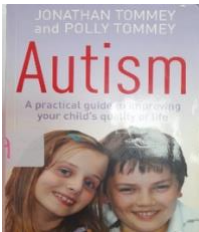
Please don't forget about the Newfield Library. All books are completely free of charge to borrow. Books are loaned out for one month but this period can be extended if needed.

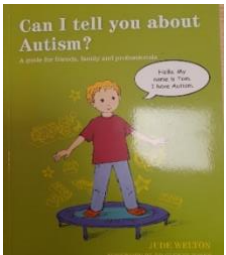
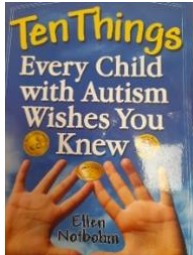
Thanks to a generous donation from Parents in Partnership (former Parent/Carer Forum), we now have an extensive list of books, covering a wide range of topics.

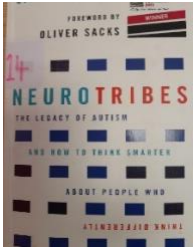
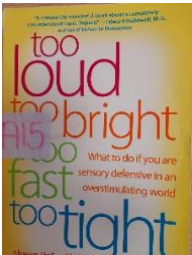
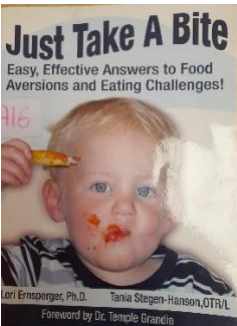
If you would like to borrow a book, please contact Ann Marie or Mathilde on (01254) 588600. You can collect the book in person or we can send it home with your child.


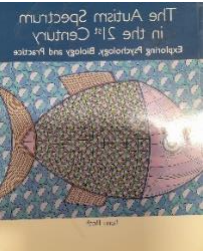
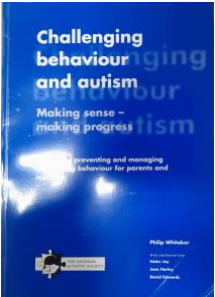
Section A – Autism	Title	Authors	About the Book
<p>A1</p> 	<p>Body Language and Communication (A Guide for People with autism spectrum disorders)</p>	<p>Simon Perks</p>	<p>Understanding and using body language can be difficult for people with autism but learning how to use it effectively can help people to communicate more successfully and enjoyably with other people, including family, friends and colleagues.</p>
<p>A2</p> 	<p>The Autistic Spectrum</p>	<p>Lorna Wing</p>	<p>Lorna Wing is a psychiatric consultant for the National Autistic Society and has an autistic daughter. This guide explains how people with autism experience the world and why they need an organised, structured environment. She suggests ways of improving communication, developing abilities and widening social interaction and to cope with stresses within the family.</p>
<p>A3</p> 	<p>Autistic spectrum disorders in the Early Years (A guide for practitioners and parents)</p>	<p>Dr Rita Jordan</p>	<p>Although aimed at those working in early years settings, this book will be an invaluable resource to parents. Sections include Diagnosis, understand ASD, educational goals and specialist approaches, working with parents, building communication, developing social understanding and enabling play and managing behaviour.</p>


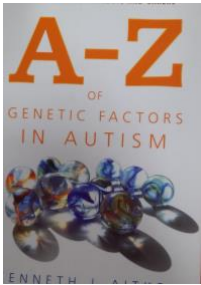
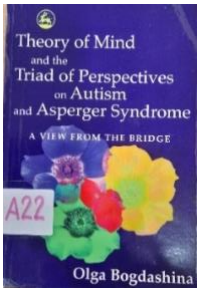
Section A - Autism	Title	Author(s)	About the Book
A4 	Understanding and Working with the Spectrum of Autism (An insiders view)	Wendy Lawson	<p>Wendy's ability to convey the essence of her autistic world to others is remarkable.</p> <p>(The library holds 2 copies of this book)</p>
A5 	Autism with severe Learning Difficulties	Dr Rita Jordan	<p>A pioneering book dealing with the dual diagnosis of autism and severe learning difficulties. The book will be invaluable to parents, key workers and all who advise them in living and working with this fascinating group of individuals.</p>
A6 	Sensory Perceptual Issues in Autism and Aspergers Syndrome	Olga Bogdashina	<p>This book focusses on the role of sensory perceptual problems in autism as identified by people with autism.</p>

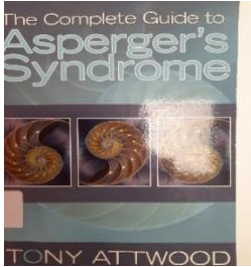
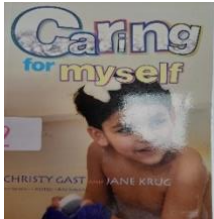
Section A - Autism	Title	Author(s)	About the Book
<p>A7</p> 	I have Autism	Kate Doherty, Paddy McNally & Eileen Sherrard	This book highlights problems faced by individuals with autism and addresses them clearly and simply.
<p>A8</p> 	Much More Laughing and Loving with Autism	R. Wayne Gilpin	The author is the father of Alex, a 23 year old special man with autism. Alex was 14 when the first book in the series was written. Alex' parents received very gloomy predictions about his future when he was in preschool. However, he surpassed everyone's predictions, graduated from high school in a main stream programme and now lives independently and has, not one job...but two!
<p>A9</p> 	Autism – A practical guide to Improving Your Child's Life	Johnathan Tommey and Polly Tommey	The book aims to give parents and carers a guide to improving their child's quality of life by giving you the confidence and knowledge to tackle the problems you face. Johnathon and Polly's eldest son was diagnosed with severe autism at the age of two.

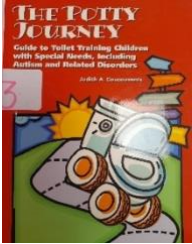


Section A - Autism	Title	Author(s)	About the Book
A10 	Can I Tell You About Autism?	Jude Welton	Meet Tom, a young boy with autism. Tom invites readers to learn about autism from his perspective, helping them to understand what it is and explaining the challenges he faces with issues such as social communication, sensory overload and changes to his routine. Jude has taken a complex issue and made it easy to understand.
A11 	Ten Things Every Child with Autism Wishes You Knew	Ellen Notbohm	Ellen's book described ten characteristics that help illuminate – not define – children with autism. This updated edition delves into expanded thought and deeper discussion of communication issues, social processing skills and the critical role adult perspectives play in guiding the child with autism to a meaningful, self-sufficient and productive life.
A12 	A Normal Family	Henry Normal and Angela Pell	A book for anyone whose life has been touched by autism. It is about the hope, the despair and the messy, honest, sometimes funny day-to-day world of autism, as well as a wonderful, warm book about the unconditional, unconventional love between a father, a mother and a son.
A13 	My Son's Not Rainman	John Williams	John Williams is a stand-up comedian. He is also a single father and fulltime carer for his son, who has autism and cerebral palsy. This is their incredible story. In 2012, John started a blog called, "My son's Not Rainman", a heartfelt and uplifting account of every-day life for him and "The Boy." Following on from the blog, John felt there was still so much more of their life he wanted to share.

Section A - Autism	Title	Author(s)	About the Book
<p>A14</p> 	<p>Neuro Tribes (The Legacy of Autism)</p>	<p>Steve Silberman</p>	<p>Going back to the earliest autism research and chronicling the brave and long journey of autistic people and their families through the decades, Silberman provides long-sought solutions to the autism puzzle while casting light on the growing movement of neurodiversity and mapping out a path towards a more humane worlds for people with learning differences.</p>
<p>A15</p> 	<p>Too Loud, Too Bright, Too Fast, Too Tight</p>	<p>Sharon Heller Ph.D.</p>	<p>Developmental Psychologist, Sharon Heller, sensory defensive herself, suggests that the best ways for suffers to cope is not psychotherapy or medication but a host of other treatments that tap into the primitive brain.</p>
<p>A16</p> 	<p>Just Take A Bite</p>	<p>Lori Ernsperger Ph.D. & Tania Stegen-Hanson</p>	<p>Does your child refuse to eat foods from a specific food group? Does your dinner table turn into a battle ground during meal times? If you have answered yes, then Just take a bite is the perfect resource with easy effective answers to these troubling questions. The book provides clear and concise strategies and practical lessons for assisting children in eating a balanced diet and contains a comprehensive treatment plan for solving mealtime struggles.</p>


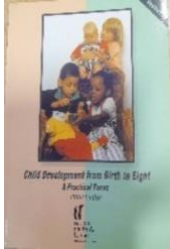

Section A - Autism	Title	Author(s)	About the Book
A17 	Autism – The Facts	Dr Simon Baron-Cohen and Dr Patrick Bolton	<p>What causes Autism? What happens to children with autism when they grow up/ Does autism run in families/ What kind of educational setting is best?</p> <p>In collaboration with the National Autistic Society, the authors have identified the questions in the minds of parents and professionals and have attempted to answer them.</p>
A18 	The Autism Spectrum in the 21 st Century	Ilona Roth	<p>A definitive guide to the autism spectrum, introducing the reader to key concepts and developments in diagnosis, psychological and biological research, theoretical models, evidence-based intervention, educational strategies and family issues. The book charts developments in theory, research and practice have shaped, and continue to shape, the evolving concept of autism which is at the core of this field.</p>
A19 	Challenging Behaviour and Autism	Philip Whitaker	<p>This book is for parents, teachers and carers of youngsters with autistic spectrum disorders. Written in plain English it offers practical strategies for preventing or managing the sorts of challenging behaviours most likely to be encountered, with detailed case studies and key tips that allow it to be used as a quick reference, it also offers a step by step framework that enables readers to devise their own solutions.</p>

Section A - Autism	Title	Author(s)	About the Book
A20 	In a Different Key – The Story of Autism	John Donvan and Caren Zucker	Fast paced and far reaching – this is an important missing piece to the conversation about autism -no-one trying to make sense of the spectrum should do so without reading this book!
A21 	A-Z of Genetic Factors in Autism (A handbook for parents and carers)	Kenneth J. Aitken	The concept of a single condition known as autism is quickly becoming outdated and is now understood to be an “umbrella” term for a wider variety of predominantly genetic conditions. This can be confusing for parents and carers of children who have been diagnosed as having an autism spectrum disorder. This is a must have book for any parent or carer who feels confused by their child’s diagnosis or seek a better understanding of the many genetic conditions associated with autism.
A22 	Theory of Mind and the Triad Perspectives on Autism and Asperger Syndrome	Olga Bogdashina	Autistic people, parents & professionals are united in their concern with Autism & Asperger syndrome but divided by their diverse perspectives. Olga uses the concept of Theory of Mind to consider the interplay between these groups. Comparing and reconciling the different & conflicted views on classifications, diagnosis, causes, development, theories and treatment. The book aims to bridge the gaps between autistic people, parents & professionals and help them understand and anticipate each others responses and behaviours.

Section B – Aspergers	Title	Author(s)	About the Book
<p>B1</p> 	<p>The Complete Guide to Asperger's Syndrome</p>	<p>Tony Attwood</p>	<p>The Author explores in depth the complexity of Aspergers Syndrome. He describes all of the puzzling and fascinating aspects of these conditions and brings them vividly to life with illustrations from personal histories.</p>
Section C – Toileting and Independence	Title	Author(s)	About the Book
<p>C1</p> 	<p>Toilet Training for Individuals with Autism or Other Developmental Issues</p>	<p>Maria Wheeler M.ED.</p>	<p>Easy to read bulleted lists offer more than 200 do's and dont's along with over 50 real life examples.</p>
<p>C2</p> 	<p>Caring for Myself</p>	<p>Christy Gast and Jane Krug</p>	<p>An entertaining and educational social story book that helps children with ASD understand the importance of taking care of their bodies. The book includes stories about washing hands, brushing teeth, haircuts and going to the doctor amongst others.</p>

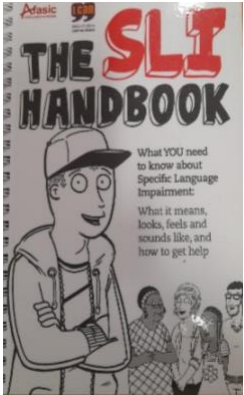
Section C – Toileting and Independence	Title	Author(s)	About the Book
C3 	The Potty Journey (guide to toilet training children with special needs, including autism & related disorders)	Judith A. Coucouvanis	A systematic and comprehensive toilet training guide book. Step by step this book will lead parents through the toilet training journey.
C4 	What to Do About Smearing	Kate E. Reynolds	A Practical guide for parents and care givers of people with autism, developmental and intellectual disabilities
Section D - Diet	Title	Author(s)	About the Book
D1 	Getting Your Kid on a Gluten- Free Casein-Free Diet	Susan Lord	Whether you are a parent or care giver, this book will make removing gluten and casein from an autistic child's diet simple and stress free. The book contains easy to follow meal plans, completed with recipes and ingredients lists and will guide you with confidence in providing a nutritionally balanced diet for your child as well as healthy meals the whole family will enjoy.

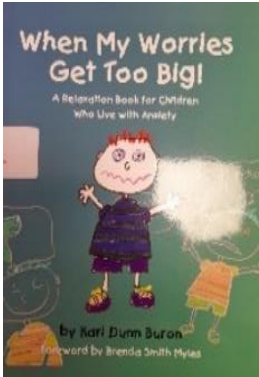
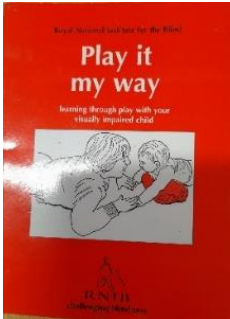
Section E – Miscellaneous	Title	Author(s)	About the Book
E1 	Brain Child	Tony Buzan	This book explained how the brain develops and the simple things you can do to stimulate your child's multiple intelligences – including social, creative, numerical and physical and unlock his or her natural genius.
E2 	The Out-of-Sync Child	Carol Stock Kranowitz M.A.	The ground breaking book that explains Sensory Processing Disorder (SPD) and presents a drug-free approach that offers hope for parents.
E3 	Under the Shade of the Mango Tree	Shamim Khan (one of Newfield's very own Parent/Carers)	Shamim's debut novel, based upon her own life story, her journey and experiences of a mother of two sons with autism.

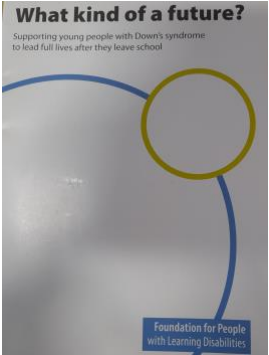

Section E - Miscellaneous	Title	Author(s)	About the Book
E4 	Letters to the Home Front	John Clements	Are you bringing up a child with development disabilities? Do you feel as though you have nowhere to turn when you need support? Drawing on the authors experience of working with families for many decades, this compassionate book is a welcome companion for when things get tough. It offers objective and open-minded reflections about unchallenged topics such as sensory integration and boarding schools. The book proves that letters home needn't always be negative – they can encourage and support us too!
E5 	Child Development from Birth to Eight	Jennie Lindon	A practical focus on how children develop and how parents, carers and childcare workers can understand and support their development.
E6 	Second Chance Day	Geraldine Hills	Imagine you have the power to give yourself a Second Chance day, a day where you could start your life again. Imagine a day where you could start to change whatever habits are causing you to make the same mistakes over and over again in life. This book is not about how to be happy, nor is it having to be constantly positive about everything, Rather, it is about knowing and living with your true self. This book is all about you, your choices and what you choose to focus on. (We have 3 copies)

Section E - Miscellaneous	Title	Author(s)	About the Book
<p>E7</p> 	A Parent's Guide to Disability Discrimination and their Child's Education	Geraldine Hills	The book is intended to provide general guidance on the law in England. It does not constitute legal advice and is not an authoritative treatment of the law. Professional advice should be sought before acting on any of the material contained in the book. (we have 3 copies)
<p>E8</p> 	Financial Help for Families	Child Poverty Action Group	Despite struggling to make ends meet, many families do not claim all the financial support they are entitled to. This guide navigates all the main social security benefits for families managing on low income.
<p>E9</p> 	Disabled Children (A Legal Handbook)	Steve Broach, Luke Clements and Janet Read	An authoritative, yet accessible guide to the legal rights of disabled children, young people and their families in England.

Section E – Miscellaneous	Title	Author(s)	About the Book
E10 	You Got This	Briony Gordon	A book of life lessons that the author wishes someone had taught her growing up – a book for teenage girls and the teenage girl within everyone!
E11 	Great Answers to Difficult Questions about Death	Linda Goldman	Death is never an easy subject for discussion and adults often struggle to find the right words when talking about it with children. This book explores children's thoughts and feelings about death and provides parents with guidance on how to respond to difficult questions in a way that is sensitive yet honest.

Section E - Miscellaneous	Title	Author(s)	About the Book
<p>E12</p> 	<p>Declarative Language Handbook</p>	<p>Linda K Murphy MS, CCC-SLP</p>	<p>Do you know a child that struggles to be flexible? It is hard for them to express their emotions calmly – often getting upset instead? They might also have trouble making friends or telling you what they did during the day. These skills are needed in life. Wouldn't it be great if there was a way that you could support growth in these areas that was woven into everyday interactions and social opportunities. This is what this book is all about. It's to help you, the person who cares deeply for someone with these challenges, use everyday moments to teach and guide your child's development.</p>
<p>E13</p> 	<p>The SLI Handbook (What You Need to Know About Specific Language Impairment)</p>	<p>Afasic</p>	<p>This book is for parents and carers of children with SLI. It will help you to understand this complicated and confusing difficulty, by describing what SLI can look like in children of all ages and how it is different from other forms of speech, language and communication needs. It explains the processes that children with SLI may go through once they have the right diagnosis. It also outlines the kinds of schools available to them with examples of what good support looks like.</p>

Section F – Anxiety	Title	Author(s)	About the Book
<p>F1</p> 	<p>When My Worries Get Too Big</p>	<p>Kari Dunn Buron</p>	<p>This book was written to help children, parents and teacher understand about the anxiety experienced by children with autism spectrum disorder and offers some suggestions about how the child might recognise anxiety and what he/she might do.</p>
Section G – Other Conditions	Title	Author(s)	About the Book
<p>G1</p> 	<p>Play It My Way</p>	<p>RNIB</p>	<p>This book contains a wealth of ideas for parents and carers who are struggling to bring up a visually impaired child. The activities suggested are easy to carry out at home; many encourage imaginative use of everyday items to help visually impaired children find out more about the world around them. The play ideas, toys and materials have all been used successfully with visually impaired children who have multiple disabilities. Brothers and sisters with normal sight will enjoy them too!</p>

Section G – Other Conditions	Title	Author(s)	About the Book
<p>G2</p> 	<p>What Kind of a Future (supporting young people with Down Syndrome to lead full lives after they leave school)</p>	<p>Foundation for People with Learning Disabilities</p>	<p>The book promotes the rights, quality of life and opportunities of people with learning disabilities and their families.</p>
<p>G3</p> 	<p>Epilepsy</p>	<p>Brian Chappell and Professor Pamela Crawford</p>	<p>This practical handbook guides you through the complicated maze of diagnosis and treatment and shows you how to deal with epilepsy with confidence. The expert authors answer 220 real questions from people with epilepsy, or those supporting someone with epilepsy, giving you the knowledge you need to lead an active and fulfilled life.</p>