



Newfield Guide to Local Groups, Clubs and Services for Children and Young People with Disabilities

The aim of this guide is to inform families about community based social activities that take place for children and young people with disabilities, in and around Blackburn with Darwen.

The guide also provides information about local services that support families of children and young people with disabilities.

If you know of a group, club or activity that is specifically for children with disabilities or is “disability friendly” please contact us at FamilyWellbeingCoordinators@newfield.blackburn.sch.uk so that we can include the details in this guide.

Activities for Children and Young People with Disabilities

Name of Activity/Group/Club	When does it take place?	Where does it take place?	Information and cost	Who can I contact for more details or to join?
AFC Lammack – Pan Disability Football Club	Wednesday 6pm-7pm	QEGS Sports Hall Lammack Road Blackburn BB1 8LA	Please ring for details and cost	Telephone 07725910761
Blackburn Rovers Pan Disability Football Session	Monday 5pm-6pm	Our Lady & St John High School North Road Blackburn BB1 1PY	<p>£3 per session for children with a disability or Special Educational Needs aged 8 – 16 years.</p> <p>Sessions take place outdoors when possible or in the sports hall in poor weather.</p>	Forms can be completed in the Reception Area at school on the night or complete the online form by visiting Blackburn Rovers Open Play.
<p>Diversity Club at Blackburn Youth Zone</p> <p>(In collaboration with IMO Charity)</p>	<p>Sunday 2pm-6pm (Age 8 to21 years)</p> <p>Monday 3.30pm-5.45pm Age 11 to 16 years)</p>	Blackburn Youth Zone Jubilee Street Blackburn BB1 1EP	<p>Yearly membership of £3 may apply but weekly sessions are free to attend.</p> <p>Variety of activities on offer. Open to children and young people with disabilities, aged 8-25 years.</p> <p>Children/Young People who require 1:1 support would need to take a carer or PA</p>	Contact Sajida Sidat to register your child’s place Tel: (01254) 781310 or 07541 938 431 Or email Sajida.sidat@imocharity.org

			<p>to accompany them at the session.</p> <p>Children/Young people who do not require 1:1 support can attend unaccompanied but please discuss all support needs fully with Youth Zone.</p>	
<p>Family and Community Enterprise (FACE) Project – in conjunction with Birds of Paradise (Tuyoorul Jannah)</p>	<p>Saturday 1pm-3pm</p>	<p>St Stephen's Primary School Robinson Street Blackburn BB1 5PE</p>	<p>A club for children with disabilities aged 7-19 years. Activities include arts and crafts, singing and dancing, Lego. Cost is £3 per child, per session. Parents are welcome to stay but this is not a requirement.</p>	<p>Maximum of 15 children per session. Applications to join must be made on line and then an assessment will be undertaken to determine whether the child's needs can be met by the project.</p> <p>For more information contact 07832 233223 or email hello@faceandme.org.uk or go to www.faceandme.org.uk</p>
<p>Kids Next Door Youth Club</p>	<p>Thursday 7pm-9.30pm</p>	<p>Highercroft Children's Centre</p>	<p>A youth club for young people aged 11-21 with a diagnosis of Asperger Syndrome or young people who are anxious in social settings. At the moment there is no cost to attending the club.</p>	<p>Contact Michaela Philipson at Michaela.philipson@blackburn.gov.uk for availability and to book a place.</p>

Margaret Haes Horse Riding Centre	Please check for opening days and times.	Margaret Haes Horse Riding Centre Moor Road Holcombe Bury BL8 4NX	<p>The Margaret Haes Riding Centre is an independent charitable organisation which has helped hundreds of children and adults with special needs enjoy the experience of riding ponies over the West Pennine Moors.</p> <p>The centre offers introductory riding lessons to both disabled and able-bodied children and adults.</p> <p>The centre offers private or group sessions, birthday parties, pony days and events in their indoor and outdoor school for all abilities.</p> <p>Prices vary depending on what type of session. Please see the website for details.</p>	Contact (01706) 821337 or email: mhrc@hotmail.co.uk
Rossendale Special Ski Club (Rosski)	Ski training takes place on Saturdays between 2pm-4pm	Ski Rossendale Haslingden Old Road Rawtenstall BB4 8RR	Rossendale Special Ski Club (Rosski) is open to any young person in East Lancashire and neighbouring counties with a Learning Disability who either wants to learn to ski or who can ski. We are	For more information Tel: (01706) 231479 Or visit www.rosski.org.uk

			<p>based at the dry ski slope at Ski Rossendale.</p> <p>We are a very friendly welcoming club always looking for new members. The criteria is that members must have or have had a Statement of Special Educational Needs or be on School Action +. There is no upper age limit but we have set a lower age limit of 6 years.</p> <p>We aim to open up skiing to a group of young people who may never have had the opportunity to ski. We are Associate Members of Special Olympics GB and offer the opportunity to those skiers who meet SOGB criteria the chance to compete at local, national and world level.</p> <p>Please contact the club for costs.</p>	
<p>Tuyoorul Janaj (Birds of Paradise)</p> <p>Specialist Madrassah</p>	<p>5.15-7.15pm (hourly slots) Monday to Friday.</p>	<p>Former Coach House Day Nursery 35 Shear Bank Road Robinson Street</p>	<p>To meet the varying needs (including religious and cultural needs) of individuals with SEND</p>	<p>For more information or to join the Madrassah please contact 0782558144 Or email: tuyoorul_jannah@hotmail.co.uk</p>

	<p>Saturday 9.30am-12.30pm or Sunday 12am-2pm</p>	<p>Blackburn BB1 8AP</p> <p>But also deliver 1:1 sessions within the home</p>	<p>(special educational needs and disabilities) using a holistic approach. Aged 4 – 19 years.</p> <p>To provide every individual, with the opportunity and enabling environment to grow and flourish to achieve their full potential. To provide a nurturing environment that is happy, safe and stimulating through a team of highly skilled specialist staff.</p> <p>Available to children from 4 years of age with no upper age limit.</p> <p>Cost is £12 per session for private funding students and £14 per session for those on direct payments.</p>	
<p>Wacky World Inflatable Park ASD/Disability Friendly Session</p>	<p>Monday at 6pm-7pm</p>	<p>Wacky World Inflatable Park 4 Campbell Street Preston</p>	<p>Wacky World is an inflatable activity course. Perfect for anyone wanting to explore Wacky Fun under a more controlled environment.</p>	<p>Although there is no requirement to pre-book, families are advised to book on line as places are limited and there is some paperwork (Waiver form) to complete prior to entry.</p>

			<ul style="list-style-type: none"> • Lights turned down • Music Off • Quiet rooms (if required) • Fully trained staff <p>Cost is £7.95 per child. One carer can access for free but additional carer's/adults are charged £2.00. Session lasts 1 hour</p> <p>Sessions are available for children aged 0 to 12 years.</p>	<p>For more information, please contact: 01772 920 105 or email: preston@wackyworlduk.co.uk</p>
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Local Attractions that are FREE!

Sometimes we forget about the local attractions and community resources that we have in the borough, and our surrounding areas, which are accessible, fun and don't cost anything.

Name of Attraction/Resource	Where is it?	What are the opening times?
Blackburn Library	Town Hall Street, Blackburn BB2 1AG Tel: (01254) 661221	Monday 10am-7pm Tuesday to Friday 10am-5pm Saturday 10am-4pm
Blackburn Museum	Museum Street, Blackburn	Wednesday to Saturday 12-4.45pm

	BB1 7AJ Tel: (01254) 667130	
Brockholes Nature Reserve (Car Park Charges Apply)	Preston New Road Preston PR5 0AG Tel: (01772) 872000	Wednesday to Sunday 10am-4pm
Clitheroe Castle Grounds	Castle Gate Clitheroe BL7 2JX Tel: (01200) 424568	12-4pm (Charges Apply to Enter the Museum)
Darwen Library	Knott Street Darwen BB3 0BU Tel: (01254) 706021	Monday 10am-7pm Tuesday – closed Wed & Thurs 1pm-5pm Friday 10am-5pm Saturday 10am-2pm
Park/Walk	Witton Country Park, Blackburn	Open all hours
Park/Walk	Corporation Park, Blackburn	Open all hours
Park/Walk	Queens Park, Blackburn	Open all hours
Park/Walk	Boldventure Park, Darwen	Open all hours
Park/Walk	Sunnyhurst Woods Darwen	Open all hours
Park/Walk	Worden Park Leyland	Open all hours
Singing Ringing Tree	A unique musical sculpture that overlooks Burnley. Close to the Dunnockshaw Millennium Wood, part of the Forest of Burnley reforestation programme, and links to the Pennine Bridleway and local walking routes.	Open all hours

CEA Card (Cinema Card)

The Card enables a disabled cinema guest to receive a complimentary ticket for someone to go with them when they visit a participating cinema.

The Card is also one way for cinemas to make sure they look after their disabled guests. If you require an adjustment to visit a cinema because of your disability, cinema staff should make them for you whether you have a CEA Card or not.

The Card is developed by UKCA's Disability Working Group, whose members include film exhibitors and distributors, and national disability charities such as RNID, RNIB, Dimensions and Whizz Kidz.

The CEA Card is available to applicants aged 5 years and above.

To apply, you will need:

- [Proof of eligibility](#)
- A photo
- Payment of £6.00

You will need your previous card number if you wish to renew your CEA Card.

You can pay for your card online or by post.

For more information please go to www.ceacard.co.uk

National Disability Card

This National scheme provides the disabled person with a lanyard and card to show that a person has a disability and reduce the need for endless explanations. It provides proof of disability at over 600 locations across the country and provides easier access to carers tickets and concessions. It also provides discount codes and gift cards for on-line shopping. The card is £20 and lasts for 2 years. Apply on line by searching National Disability Card.

Don't forget about your local Children's Centre/Family Hub. Some of the centres have sensory rooms that you can book, libraries and other resources such as mother and toddler groups. Some offer clubs and activities in the evenings. They can even provide subsidised and/or free meals for children during school holidays. Why not give them a call and request an activities list or contact the Families Information Service at fis@blackburn.gov.uk

Name of Centre	Address	Contact Number
Accrington Road	Accrington Road Blackburn BB1 2AF	(01254) 666120
Audley and Queens Park	Pringle Street Blackburn BB1 1SF	(01254)507750
Darwen	Lord Street Darwen BB3 0HD	(01254) 778900
Earcroft	Monton Road Darwen BB3 0HF	(01254) 870900
Hancock Street	Hancock Street Blackburn BB2 2LZ	(01254)666230
Higher Croft	Fishmoor Drive Blackburn BB2 3UY	(01254) 267920
Little Harwood	Robinson Street Blackburn BB1 5PE	(01254) 506910
Livesey All Age	Andrew Close Blackburn BB2 4NU	(01254) 507950
Longshaw	Crosby Road Blackburn BB2 3NF	(01254) 698832
Shadsworth	Shadsworth Road Blackburn BB1 2HR	(01254) 680733
Wensley Fold	Carnarvon Road Blackburn BB2 6NL	(01254) 585085

Specialist Holiday Provision

Children aged 5 and over can access the Inclusion Project run by Young People's Services during the summer holidays. The sessions are free and families are usually allocated one, 4 hour session each week of school holidays. The sessions take place at Newfield School. To enquire about availability and to register, please email: Michaela.philipson@blackburn.gov.uk

For children and young people aged 8-19 years Young People's Services deliver the sessions over all the school holidays including half term. Again, the sessions are free and take place at Newfield School. Families are usually offered one, 4 hour

session each week of the holidays. To enquire about availability and register, please email:
Michaela.philipson@blackburn.gov.uk

When additional support is needed.....

Families who are struggling to manage and meet the needs of their disabled child can request additional support from Children's Social Care. The need for support is assessed via a Child and Family Assessment, which will be undertaken by a social worker. If the assessment identifies that short breaks or support with care are needed, the child will open up to an allocated worker under the category of Child in Need and a package of support will be implemented. Please note that once the assessment is complete and the outcome has determined that a package of support is required, this may not be overseen by a social worker and is likely to be another professional, such as a Family Help Worker. Teams are based within the Family Hubs. There is an expectation that families will have already trialled some of the groups and activities listed within this guide and families need to be able to explain why these are not appropriately meeting the individual needs of their child. To request an assessment, please telephone Children's Services on (01254) 666400.

This guide is one of a series of guides that have been developed by the Family Wellbeing Coordinators at Newfield School. The aim is to provide our families with useful information about local and national services, groups, activities etc. The information contained was correct when the guides were completed but it is the responsibility of parents and carers to contact any service they wish to access prior to attending, or to check that a specific activity, service or group is suitable for their child to attend. The relevant contact details are listed to assist you. It would be helpful if parents and carers notify the Family Wellbeing Coordinators should they discover any details to be incorrect or that groups are no longer taking place so that the guides can be updated. The Family Wellbeing Co-ordinators will aim to update the guides every 6 months and publish the updated versions on the school's website.